

# Everything you need to know about Health care directives

## Références juridiques :

- Law n° 2005-370 of April 22, 2005 on the rights of terminally ill patients.
- part of clause L.1111-11 of the Code of Public Health
- Decree No. 2006-119 on Health Care Directives
- Law n° 2016-87 of February 2nd, 2016 creating new rights for patients and people at the end of their life



## What's Health Care Directives ?

The Health Care Directives appear in end-of-life issues in the case where you would be unable to express your wishes at that time.

This approach may seem difficult, but it is important that you could talk to your family and health care team.

**Your Health Care Directives will help medical and paramedical team make decisions respecting your best choice.**

## Health Care Directives, for who?

« Any adult can write Health Care Directives in case she would one day be unable to express their will ».

*(part of clause L.1111-11 of public health care and Law n° 2016-87 of February 2nd, 2016)*

## What are the conditions and the manner for Health Care Directives will be taken into consideration ?

- ⇒ to be of age,
- ⇒ Being able to share your wishes, even if you are under legal protection,
- ⇒ Write them yourself (or if that is not possible, you can call two witnesses) on loose-leaf paper or form specifying names, date and place of birth, dated and signed

Advance directives are valid without a period of validity. If you change your mind, they can be changed or canceled at any time.

If you need help, the **medical and paramedical team** is at your disposal to assist you in this approach.

You can contact the medical or paramedical team of the service.